



IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re patent application of:)
Mitchell J. Schroder) Before the Examiner
Serial No. 10/730,409)
Filed: December 8, 2003)
ELLIPTICAL CROSSTRAINING) Stephen R. Crow
EXERCISE MACHINE) Group Art Unit 3764
) November 28, 2005
)

RESPONSE TO FIRST OFFICE ACTION

Mail Stop Amendment
Commissioner for Patents
P. O. Box 1450
Alexandria, VA 22313-1450

Sir:

In response to the Office Action dated September 14, 2005, please enter the following amendments and consider the following remarks.

Amendments to the Drawings begin on page 2 of this document and include both attached Replacement Sheets and Annotated Sheets reflecting changes.

Amendments to the Specification begin on page 3 of this document.

Amendments to the Claims are reflected in the listing of claims beginning on page 5 of this document.

Remarks/ Arguments begin on page 12 of this document.